



Dramatic Elements

Year 7 Unit of Work

Movement

5_m 00_s

Task – What is the acronym for language we learnt last lesson and what do the letters stand for?

Extension – Give 4 examples of how we can use our vocal skills to create these two characters.



LEARNING OBJECTIVE: To understand what movement is and how to use it in performance.

KEYWORDS: Movement, Rehearsal, Confidence

To master this lesson...

- **Students must evaluate how they and others have used movement in their work.**
- **Students must use movement in their performance.**
- **Students must understand what movement is.**

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Teacher Led: Context notes

10 min

Movement:

- Movement refers to the physical way in which a character or object transitions through a provided space.
- Movement can also refer to stillness. Often stillness can be more powerful than movement.

- Physical Skills include:

P	Posture	F	Facial expression
L	Levels	A	Action
E	Eye Contact	G	Gesture
T	Tension	S	Space

Acronym: PET FLAGS

Challenge:

What are some different examples of one of the movement skills.

Super Challenge:

How could one of these help you to create a frantic character who is very clumsy?

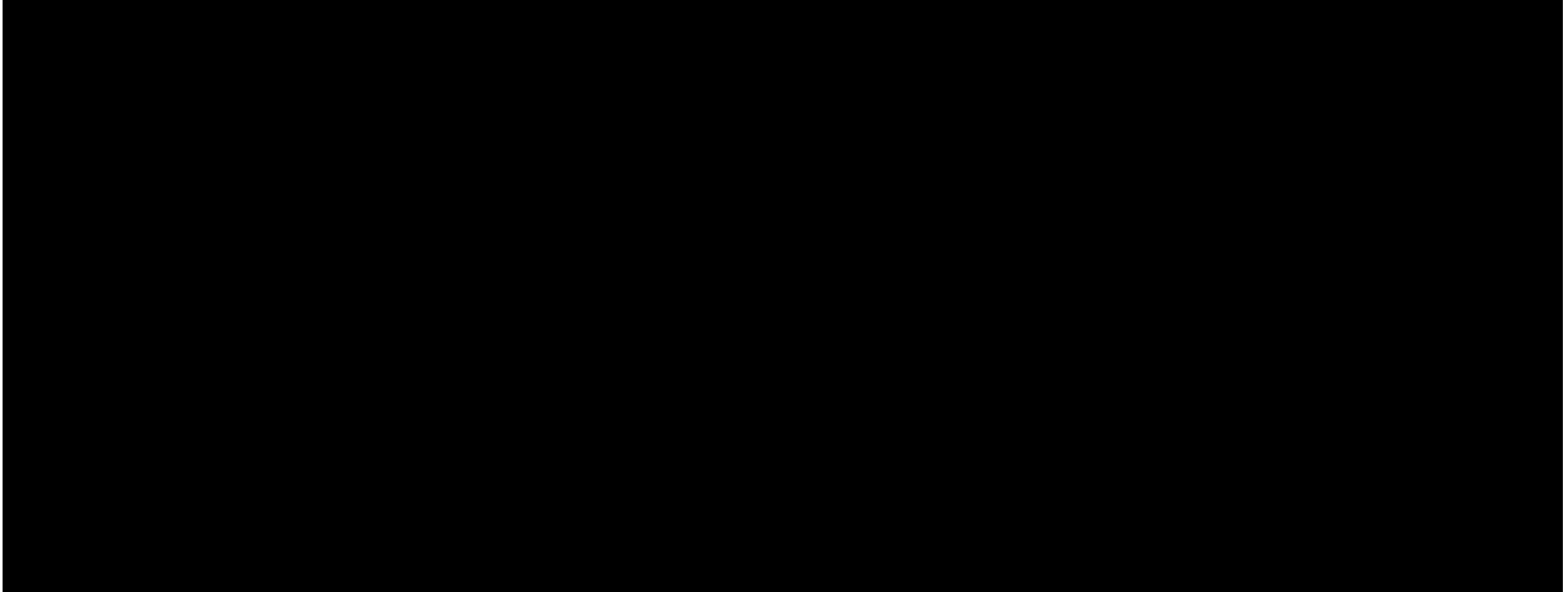
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Warm Up – Shake Out

5_m 00_s

YouTube Link: <https://www.youtube.com/watch?v=Et0RGcrgkpA&t=21s>



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Student Led: Types of Shapes Activity

10 min

- When I call out one of the body shapes you have to make it with your body.
- Last person into the correct body shape is out.

Challenge:

How can you heighten and extend the body shape to 100% ?

Remember: Be careful not to strain your body.

Help Box:

Body Shapes Include:

- Angular
- Curved
- Open
- Closed
- Symmetrical
- Asymmetrical



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Student Led: Planes of Movement Activity

10 min

- In pairs, you are required to mirror each other using the planes of movement.
- Person A is to lead and person B is to follow, then swap.

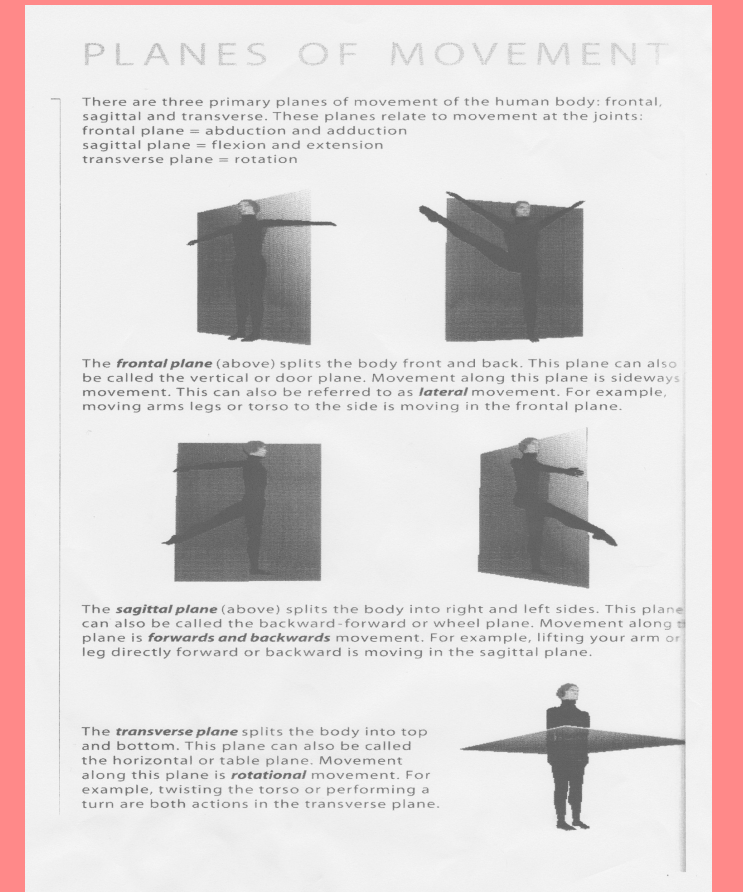
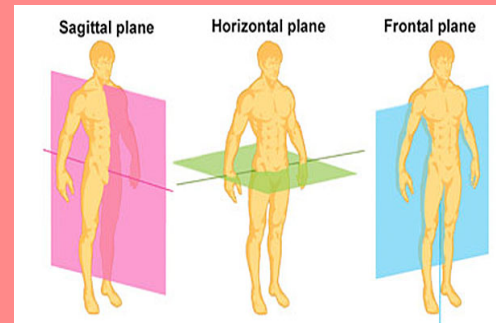
Challenge:

Can you vary your pace and still do the same movements at the same time?

Help Box:

Planes of movement Include:

- **Sagittal plane**
- **Frontal plane**
- **Transverse plane**



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Student Led: Life in the Village Activity

10 min

- You will be given a card with a type of person on it.
- When your teacher calls out “create the village” your job is to interact with other actors as that person.

Challenge:

Make sure you don't block (Stop the action) always agree and further it.

Help Box:



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As you leave !!

- Individually reflect on the work you have completed today.
- Which success criteria point could you confidently say you have achieved?

Targeted Questions

- How could you or someone else use movement more effectively in group work?
- How did you use movement in your work today?
- What is movement?

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End of lesson Seven