

BUTTERFLY

A Sensory Drama by Gill Brigg

Pupils and adult supporters work in pairs.

There is a wheeled chair for the teacher.

The room is made dark slowly.

Screens are turned off and a note is placed on the door: 'Please Do Not Disturb'.

Teacher says: ***We will all be working in a story together.***

Gentle music plays.

After some time, the music fades and the teacher begins:

You are the people who look after the butterflies.

The butterflies are sleeping inside this box.

The teacher slowly moves a box around the room. A torch illuminates the box.

Then the teacher stops in front of each pupil. The box opens and there are lights inside the box illuminating the butterflies.

When each pupil has looked (or felt) inside the box, the lid closes.

***The most important thing about these butterflies is that their wings must stay dry.
They must not get wet.***

Please choose a butterfly to look after.

Music plays as the pupils choose a butterfly and remove it from the box.

The teacher repeats:

***The most important thing about these butterflies is that their wings must stay dry.
They must not get wet.***

Oh no.

Here comes rain.

A water spray travels the room and the pupils must shelter the butterflies somehow. There is a sense of controlled chaos as the pupils scatter around the room looking for shelter. The teacher is playful, chasing them with a sense of anticipation.

Eventually, an umbrella is placed in the centre of the room by the teacher and each pupil is invited to put their butterfly safely under it. This is done with care and calmness until all of the butterflies are safe. The gentle music plays as everyone rests with the butterflies.

The session ends with lots of praise.

The room is calmly returned to its usual state.

You will need:

'Please Do Not Disturb' sign

Wheeled chair

Sleepy but light music

Box with hinged lid

Torch

Fairy lights to go inside the box

Butterflies – preferably made in advance by the pupils

Water spray

Large umbrella